



## FULTONVALE JUNIOR HIGH 2025-26 GRADE 7 OPTION REGISTRATION

Full Name:

**Option Forms are due by March 20, 2025.**

### **Grade 7 Required Courses**

- English Language Arts
- Mathematics
- Science
- Social Studies
- Physical Education /Health
- Construction
- Food & Textile Technologies
- Learning Strategies

**There is a fee of \$31 for Construction. For Food & Textile Technologies there is a \$56 fee. These courses are not options.**

Students will be enrolled in **TWO** option courses each semester. Please note that options are scheduled based on student requests. We make every effort to provide students with their requests while also ensuring that class enrollments remain reasonable. Therefore, choose your options carefully. **Once timetables are built, requests to change options will only be considered under exceptional circumstances. Fees will not exceed what is published below.**

**Please Choose and Rank the following option courses.**

Art 7 (\$21 Fee)	Music/Musical Theatre 7 (\$20 Fee)
Design 7 (\$20 Fee)	Outdoor Ed 7 (\$100 Fee)
Drama 7 (No Fee)	Robotics 7 (\$15 Fee)
Fitness & Wellness 7 (\$40 Fee)	Community Action and Awareness 7 (\$20 Fee)

***Feel the HEAT!***



**FULTONVALE JUNIOR HIGH 2025-26  
GRADE 7 OPTION REGISTRATION**

Parent/Guardian & Student Signature (Required)

\_\_\_\_\_  
(Parent/Guardian Signature)

\_\_\_\_\_  
(Date)

\_\_\_\_\_  
(Print Parent/Guardian name)

\_\_\_\_\_  
(Student Signature)

\_\_\_\_\_  
(Date)

***Feel the HEAT!***



## **FULTONVALE JUNIOR HIGH 2025-26 GRADE 7 OPTION REGISTRATION**

### **Grade 7 Option Course Descriptions & Fees**

#### **Art 7**

##### **Semester Course (\$21 Fee)**

Students will explore a variety of techniques, mediums, and projects. Students will have the opportunity to learn and explore skills and techniques needed to begin thinking and behaving as artists through individual creativity, imagination and problem solving. Students will gain basic subject vocabulary related to the 7 Elements of Art and have an opportunity to explore Canadian Artists.

#### **CTF: Community Action & Awareness 7**

##### **Semester Course (\$20 Fee)**

Students who have a passion for helping others, animals, and the community around them will have the opportunity to practice empathy by raising awareness about an identified cause through CTF Challenges. This course encourages students to view themselves as citizens who can actively participate in having a positive impact on those around them (school community or broader).

#### **CTF: Design Studies 7**

##### **Semester Course (\$20 Fee)**

Design focuses on the process of design from conception, to planning to creation. Students will have the opportunity to create with numerous media, with a focus on digital creation. This course will also investigate how the concept of “design” plays a significant role in society. Projects may include creating bridges, stickers, clothing items, architectural design, graphic design and more.

#### **Drama 7**

##### **Semester Course (No Fee)**

The drama program fosters a positive self-concept in students by encouraging them to explore life through the assumption of roles and the acquisition of dramatic skills. The focus is on student creativity and participation in the major disciplines of movement, speech, improvisation, theatre studies, and technical theatre. We will work together to create a supportive environment in which students can develop a heightened level of comfort performing/presenting for their classmates. Most importantly, we will have fun!

***Feel the HEAT!***



## **FULTONVALE JUNIOR HIGH 2025-26 GRADE 7 OPTION REGISTRATION**

### **CTF: Fitness and Wellness 7 Semester Course (\$40 Fee)**

Healthy minds and bodies are necessary so that we may be creative students and citizens of the 21st century. Students will be developing their fitness plan which will be tailored to their personal goals. The plan will include stretching, agility, strength development, and overall fitness. In conjunction with their personalized fitness plan, each student will create a personalized nutrition plan designed to meet their specific nutritional needs. Students will learn the key elements required to become and remain healthy and productive. Proper nutrition, stress reduction, time management, and the importance of making informed, responsible, and healthy decisions will be emphasized.

### **Music/Musical Theatre 7 Semester Course (10 Fee)**

Continue exploring music and expanding on your musical knowledge while diving into the world of musical theatre. Develop vocal skills, acting techniques, dance numbers, and exploration on even more instruments and music-based projects. We will work together on small group or one large group performance to be showcase your talents. This class is sure to encourage creativity, teamwork, and confidence.

### **CTF: Environmental Stewardship (Outdoor Ed) 7 Semester Course (\$100 Fee)**

This will introduce students to the world of outdoor pursuits and activities. Students will enjoy the ability to design and present their own outdoor games and programs to the class. Topics explored include study of our land and ecosystems, wildlife conservation and preservation, equipment (an introduction archery, camping equipment, survival and first aid kits) and various activities such as: archery range, Strathcona Wilderness Center, and exploring trails. Student designed - and led - activities will be encouraged. Every day is always a great day to get outside!

### **CTF: Robotics 7 Semester Course (\$15 Fee)**

Using the Lego Mindstorms EV3 kits and software, students will apply the basics of coding to design, assemble and program robots as they respond to different challenges. Students will interact with robots, build their own models, and share them with classmates. Students will develop skills and gain an understanding of how automation and coding work together to influence industry and the workforce.

***Feel the HEAT!***